

Of the Earth Nourishments Meal Plan Options & Ordering

** Meal preparation days/times can be decided upon together.

** Half of the service payment is required upon submitting the Weekly Meal Request Form. This can be sent via Venmo to @ahicksmazzallo or cash can be exchanged in person. The second half of the payment as well as gas stipend (if applicable) is required immediately upon completion of service (via cash, venmo, card, check).

How to Get Started...

- 1.) Choose menu items from preferred tier (see weekly menu). You are also more than welcome to choose meals from different tiers.
- 2.) Choose the amount of servings you'd like for each meal. **PLEASE NOTE:** The minimum amount of servings *per menu option* that will be accepted is *three*. And the minimum amount of *total servings ordered* per week that will be accepted is *six*. You can of course order more than that too! To help figure out the right amount of servings to order, consider how many people will be eating, and how many times they'd like to eat a chosen meal per week.
- 3.) Choose Add-Ons (optional). Add-Ons already contain multiple servings, so please consider this when ordering.
- 4.) Submit the Weekly Meal Request Form to me one week prior to performance of service to lock it in!

Tiered Meal Options:

*Cost per meal, per head

*Price includes cost of ingredients, and labor (cooking/clean up)

1. The Modest - \$13
 - Weekly Order Minimum (if just purchasing from this tier) - \$91 (6 servings)
 - Most affordable option
 - Generic ingredients
2. The Intermediate - \$18
 - Weekly Order Minimum (if just purchasing from this tier)- \$108 (6 servings)
 - Middle ground option
 - Some organic and/or some local ingredients
3. The First Rate - \$22
 - Weekly Order Minimum (if just purchasing from this tier) - \$132 (6 servings)
 - Highest quality option
 - Prioritizing as many local and/or organic ingredients as possible

“Add-Ons” are snacks, drinks, desserts and other stand-alone items that can be added to your meal order or purchased on their own. The minimum purchase required for Add-Ons if you are not already purchasing meals is \$60 (prior to gas stipend).